



CAMPING

Merit Badge Requirements

- 1) Show that you know first aid for and how to prevent injuries or illnesses that could occur while camping, including hypothermia, frostbite, heat reactions, dehydration, altitude sickness, insect stings, tick bites, snakebite, blisters, and hyperventilation.
- 2) Learn the Leave No Trace principles and the Outdoor Code and explain what they mean. Write a personal plan for implementing these principles on your next outing.
- 3) Make a written plan for an overnight trek and show how to get to your camping spot using a topographical map and compass and a GPS receiver. If no GPS receiver unit is available, explain how to use one to get to your camping spot.
- 4) Do the following:
 - A) Make a duty roster showing how your patrol is organized for an actual overnight campout. List assignments for each member.
 - B) Help a Scout patrol or a Webelos Scout unit in your area prepare for an actual campout, including creating the duty roster, menu planning, equipment needs, general planning, and setting up camp.
- 5) Do the following:
 - A) Prepare a list of clothing you would need for an overnight campouts in both warm and cold weather. Explain the term "layering".
 - B) Discuss footwear for different kinds of weather and how the right footwear is important for protecting your feet.
 - C) Explain the proper care and storage of camping equipment (clothing, footwear, bedding).
 - D) List the outdoor essentials necessary for any campout, and explain why each item is needed.
 - E) Present yourself to your Scoutmaster with your pack for inspection. Be correctly clothed and equipped for an overnight campout.
- 6) Do the following:
 - A) Describe the features of four types of tents, when and where they could be used, and how to care for tents. Working with another Scout, pitch a tent.
 - B) Discuss the importance of camp sanitation and tell why water treatment is essential. Then demonstrate two ways to treat water.
 - C) Describe the factors to be considered in deciding where to pitch your tent.
 - D) Tell the difference between internal- and external-frame packs. Discuss the advantages and disadvantages of each.
 - E) Discuss the types of sleeping bags and what kind would be suitable for different conditions. Explain the proper care of your sleeping bag and how to keep it dry. Make a comfortable ground bed.
- 7) Prepare for an overnight campout with your patrol by doing the following:
 - A) Make a checklist of personal and patrol gear that will be needed
 - B) Pack your own gear and your share of the patrol equipment and food for proper carrying. Show that your pack is right for quickly getting what is needed first, and that it has been assembled properly for comfort, weight, balance, size and neatness.
- 8) Do the following:
 - A) Explain the safety procedures for:
 - 1) Using a propane or butane / propane stove
 - 2) Using a liquid fuel stove
 - 3) Proper storage of extra fuel
 - B) Discuss the advantages and disadvantages of different types of lightweight cooking stoves

Requirements Continued On Next Page

Worksheet Created by: Rob Greenland – robgreenland@juno.com

- C) Prepare a camp menu. Explain how the menu would differ from a menu for backpacking or float trip. Give recipes and make a food list for your patrol. Plan two breakfasts, three lunches, and two suppers. Discuss how to protect your food against bad weather, animals, and contamination.
 - D) Cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove.
- 9) Show experience in camping by doing the following:
- A) Camp a total of at least 20 days and 20 nights. Sleep each night under the sky or in a tent you have pitched. You may use a week of long-term camp toward this requirement. If the camp provides a tent that has already been pitched, you need not pitch your own tent.
 - B) On any of these camping experiences, you must do TWO of the following, only with proper preparation and qualified supervision:
 - 1) Hike up a mountain, gaining at least 1,000 vertical feet.
 - 2) Backpack, snowshoe, or cross-country ski for at least 4 miles.
 - 3) Take a bike trip of at least 15 miles or at least four hours.
 - 4) Plan and carry out a float trip of at least four hours.
 - 5) Plan and carry out an overnight snow camping experience.
 - 6) Rappel down a rappel route of 30 feet or more.
 - C) Perform a conservation project approved by the land owner or land managing agency.
- 10) Discuss how the things you did to earn this badge have taught you personal health and safety, survival, public health, conservation, and good citizenship. In your discussion tell how Scout spirit and the Scout Oath and Law apply to camping and outdoor ethics.

Requirement 1

You have been asked to SHOW that you know first aid for the following injuries or illnesses. Once you have shown the proper first aid, have an adult leader initial each one.

- ____ Hypothermia ____ Frostbite ____ Heat Reactions ____ Dehydration ____ Altitude Sickness
____ Insect Stings ____ Tick Bites ____ Snakebite ____ Blisters ____ Hyperventilation

You have been asked to SHOW that you know how to prevent following injuries or illnesses. Once you have shown the proper way to prevent each injury or illness, have an adult leader initial each one.

- ____ Hypothermia ____ Frostbite ____ Heat Reactions ____ Dehydration ____ Altitude Sickness
____ Insect Stings ____ Tick Bites ____ Snakebite ____ Blisters ____ Hyperventilation

Requirement 2

What are the No Trace Principles & what do they mean? _____

What is the Outdoor Code & what does it mean? _____

Write your personal plan for implementing the No Trace Principles & the Outdoor Code on your next outing: _____

Requirement 3

Make a written plan for an overnight trek: _____

Show how to get to your camping spot using a topographical map and compass and a GPS receiver. If no GPS receiver unit is available, explain how to use one to get to your camping spot.

Once you have demonstrated this to your leader, have them initial here: _____

Requirement 5

Prepare a list of clothing you would need for overnight campouts in both warm and cold:

WARM WEATHER

COLD WEATHER

Explain the term "Layering": _____

What kind of footwear is available and practical for cold weather camping? _____

What kind of footwear is available and practical for cold weather camping? _____

How is the right footwear important for protecting your feet? _____

Explain proper care and storage of camping equipment:

Clothing: _____

Footwear: _____

Bedding: _____

Other: _____

Scout Name: _____ Unit #: _____ Date: _____

List the outdoor essentials necessary for any campout, and explain why each item is needed.

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Item: _____

Why is this item needed? _____

Present yourself with your pack for inspection. Be correctly clothed and equipped for an overnight campout. Have your leader or counselor initial here when complete: _____

Requirement 6

Describe the features of four types of tents. And, tell when and where they could be used



Tent Kind: _____
When & Where to Use: _____



Tent Kind: _____
When & Where to Use: _____



Tent Kind: _____
When & Where to Use: _____



Tent Kind: _____
When & Where to Use: _____

Describe the basic care and storage for tents: _____

With another Scout helping you, pitch a tent correctly and in a good location. Have your leader initial when complete: _____

In the area below, discuss the importance of camp sanitation: _____

Scout Name: _____ Unit #: _____ Date: _____

Why is water treatment essential? _____

Demonstrate 2 ways to treat water. What methods did you use?

Describe the factors to be considered in deciding where to pitch your tent: _____

What is the difference between an internal-frame and an external-frame backpack? _____

List the advantages, disadvantages, and main use for an external frame backpack and an internal frame backpack:



External Frame Backpack

Advantages: _____

Disadvantages: _____

Main Uses: _____



Internal Frame Backpack

Advantages: _____

Disadvantages: _____

Main Uses: _____

Discuss the types of sleeping bags available: _____

Requirement 8

Explain the safety procedures for using a propane or butane/propane stove: _____

Explain the safety procedures for using a liquid fuel stove: _____

Explain the safety procedures for proper storage of extra fuel: _____

What are some of the advantages of lightweight cooking stoves? _____

What are some of the disadvantages of lightweight cooking stoves? _____

Use the area below to prepare a camp menu. Plan two breakfasts, three lunches, and two suppers.

How would this menu differ from a menu for a backpacking or a float trip? _____

In the area below, give recipes and make a food list for your patrol

Discuss how to protect your food against bad weather, animals, and contamination: _____

Cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove. Have your leader initial each meal after you have cooked it.

_____ Breakfast _____ Lunch _____ Dinner

Requirement 9

Show experience in camping by doing the following:

Camp a total of at least 20 days and 20 nights. Sleep each night under the sky or under a tent you have pitched. List the places you went on your campouts and number of nights spent:

Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____
Where: _____	Nights: _____	Where: _____	Nights: _____

